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pH TEST INSTRUCTION SHEET

BRAVO capsule (48 hrs.)
Nasal (24 hrs.)

1. **7 DAYS PRIOR TO TEST, STOP** the medications *Nexium, Prevacid, Protonix, and Aciphex* unless instructed otherwise, **STOP** all acid suppression drugs or antacids at least 48 hours prior to test. These medications include *Zantac, Tagamet, Pepcid, Carafate, and all antacids.*
2. **NOTHING TO EAT OR DRINK** at least 8 hrs. prior to test.

The 24 hr pH test is a method for recording the amount and severity of acid that backs up in the esophagus. It involves placing a small catheter through the nose, into the esophagus. The probe is catheter, or probe is then connected to a small recording device. Using a microprocessor, this unit is able to record the pH or acid levels in your esophagus over a 2 hr. – 48 hr. period. Your doctor will then review the reflux episodes and how they relate to physical activity, meals, chest pain, heartburn, etc. You are encouraged to continue your normal activities during the test. You will be asked to keep a diary or record of your daily activities during the test. This record will help the physician evaluate your results.

Your test is scheduled for _____@_____

Location _____

If you have any questions concerning this test, please call our office at 281-481-9400