Gastroenterology
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EGD (UPPER ENDOSCOPY) INSTRUCTIONS

1. <u>Stop taking Aspirin, anti-inflammatory, and blood thinners (like Coumadin) for one week before procedure.</u>

2. NOTHING TO EAT OR DRINK AFTER MIDNIGHT on the night before the procedure.

3. You may take important medicines, like heart medicines, blood pressure medicine, etc. with a small sip of water on the morning of your procedure. If your procedure is scheduled early (before 10 a.m.), you may want to wait until after the procedure to take your medicine.

4. If you are Diabetic, DO NOT TAKE YOUR MORING DOSE OF INSULIN, until you are able to eat after the procedure.

5. You will be sedated for your procedure. **You MUST have a responsible adult accompany you for the procedure who can drive you home** and be with you for a few hours following your procedure. Family members and/or driver will need to stay at the clinic until you are discharged home. The physician will need to speak with them after your procedure. If you do not have someone to drive you home, your procedure will be rescheduled.

6. Leave jewelry and valuables at home. Please wear comfortable clothes and shoes on the day of your procedure.

7. Read the information pamphlet carefully. If you have any questions, please discuss them with your doctor or nurse when you come for your procedure.

PROCEDURE_____

PLACE_____

DR._____

DATE_____

PROCEDURE TIME _____

Check in at_____AM/PM

_ At Ooutpatient Registration on the _____floor.

_ At Bay Area Endoscopy Center.

NOTE: There will be a hospital or facility charge for any procedure, in addition to the physician charge.
* Bay Area Endoscopy Center procedures that are not cancelled within 48 hours nortice are subject to a $75.00 cancellation fee.*

State-of-the-art GI Endoscopy Center and Multi-Specialty Surgery Center15015 Kirby Dr. Pearland, Texas 77047