

Gastroenterology

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OsmoPrep® INSTRUCTIONS

****DO NOT TAKE ASPIRIN, ANTI-INFLAMMATORY MEDICATION, BLOOD THINNERS, OR IRON SUPPLEMENTS ONE WEEK PRIOR TO YOUR PROCEDURE****

DAY BEFORE PROCEDURE:

1. Stay on a Clear Liquid Diet all day (see back for details →) AVOID ANYTHING WITH RED COLOR DYE. It is extremely important that you drink plenty of fluids to prevent dehydration.
2. At 6 p.m. begin taking 4 OsmoPrep tablets every 15 minutes with at least 8 ounces of any clear liquid (for a total of 20 tablets).
3. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

DAY OF PROCEDURE:

1. 5 hours prior to your procedure begin taking 4 OsmoPrep tablets every 15 minutes with at least 8 ounces of any clear liquid (for a total of 12 tablets).

* You may take important medicines such as heart medication or blood pressure medication with a small sip of water.

* **FOR DIABETICS ONLY:** Reduce your Insulin dose by _ the day prior to your procedure. **DO NOT** take Insulin the morning of the procedure until after you have eaten. Please clarify instructions with the physician who has prescribed the Insulin.

* You will be sedated. You **MUST** have someone drive you home. You should also have someone with you for 4 to 6 hours after you are home. Family members or driver will need to stay at the facility until you have been discharged. Instructions will be given to them after your procedure.

* Please wear comfortable clothes and shoes the day of your procedure.

PROCEDURE: _____

PLACE: _____

DR: _____

DATE: _____

PROCEDURE TIME: _____

Check in at _____ AM/PM

At Outpatient Registration on the _____ floor.

At Bay Area Endoscopy Center

NOTE: There will be a hospital or facility charge for any procedure in addition to the physician charge.

State-of-the-art GI Endoscopy Center and Multi-Specialty Surgery Center 15015 Kirby Dr. Pearland, Texas 77047